PSC COVID Policy

The Parkland COVID Task Force in conjunction with the Travel Leadership Committee and club management have created the Parkland Soccer Club COVID policies strictly adhering to the recommendations from the CDC. These policies and procedures are solely in the best interest of protecting the health and well-being of our players, parents, coaches, and families. These policies are required for training, games/tournaments (home and away), and any other club related activities. These policies will be updated continually as data and recommendations from the CDC is constantly evolving.

In a travel soccer club with 400+ players and families, we recognize that there are varying viewpoints regarding recommended methods to protect ourselves against COVID-19 and that not everyone will agree on the most appropriate path forward. This is why our team must ultimately make the decisions it determines are best for PSC in light of all of the information available to us. We ask that you respect and adhere to our protocols, even if you disagree with them, as they reflect a great deal of time and consideration by our team. Know that the Parkland COVID Task Force is closely monitoring the latest developments and that we have a very broad lens in terms of examining how these developments impact our community.

Vaccinations

The Parkland COVID Task Force strongly recommends that if you haven't already, please consider getting vaccinated for any child/adult over the age of 12. Vaccines are safe and effective. Please refer to the CDC website for the most up to date data on vaccine safety and effectiveness https://www.cdc.gov/coronavirus/2019-ncov/vaccines/index.html.

Masks

- Masks must be worn by UNVACCINATED coaches at all times.
- Masks must be worn indoors at any PSC function (meeting or gathering) regardless of vaccination status.
- Masks are recommended for UNVACCINATED spectators of games in addition to separating yourself 6 feet apart from other individuals.

Exposures

- Team managers will be responsible for relating any COVID exposures or incidents on their individual teams to the COVID Task Force. However, since timing is critical, if you know of any exposures, and are unable to connect with your team manager, please contact the COVID Task Force directly.
- If you believe you have been exposed to someone with COVID-19 (within 6 ft of someone with COVID for a total of 15 minutes or more):

- ○ VACCINATED - It is recommended that you self-quarantine right away. Then obtain a PCR test 3-5 days after exposure. Please send results to the COVID Task Force. If negative, you may return to play. If you have symptoms or test positive, isolate for 10 days.
  - ○ UNVACCINATED - quarantine immediately. Then get a PCR test on day 5. If negative, you may come out of quarantine after day 7. If you do not get tested, you may come out of quarantine after day 14. If you test positive, isolate for 10 days.
- ● Domestic airline travel -
  - ○ VACCINATED - self monitor for symptoms. No testing or quarantine is required. Test/quarantine if you become symptomatic.
  - ○ *UNVACCINATED - get a PCR test 3-5 days after you land. You must quarantine for a full 7 days. If you don't get tested, quarantine for a full 10 days. If positive, isolate for 10 days.*
- ● International travel -
  - ○ VACCINATED - self monitor for symptoms. Get a PCR test 3-5 days after you land.
  - ○ UNVACCINATED - get a PCR test 3-5 days after you land. You must quarantine for a full 7 days. If you don't get tested, quarantine for a full 10 days. If positive, isolate for 10 days.

Travel

- ● Travel in cars/vans/buses together are allowed with masks being worn at all times regardless of vaccination status.
- ● Players may room with each other as long as they are VACCINATED.
- ● Players/families staying in hotels must wear a mask at all times while indoors, unless in their rooms.
- ● UNVACCINATED players must room by themselves or with people in their own family.
- ● It is recommended that all meals at restaurants be carried out or eaten outside.
- ● Team meetings may only occur outside.